

Brompton-on-Swale CE Primary School – Physical Education Scheme of Learning

Please refer to the Sports Champions scheme for further details regarding the content of units.

	Year 1 / Year 2 Half Term Unit Headings		Year 3 / Year 4 Half Term Unit Headings		Year 5 / Year 6 Half Term Unit Headings	
Sports Units	Multi Skills Dance Gymnastics Brilliant Ball Skills Throwing and Catching Active Athletics	Multi Skills Dance Gymnastics Brilliant Ball Skills Throwing and Catching Active Athletics	Multi Skills Dance Gymnastics Brilliant Ball Skills Throwing and Catching Active Athletics	Invaders Dance Gym Sequences Striking and Fielding Nimble Nets Young Olympians	Invaders Dance Gym Sequences Striking and Fielding Nimble Nets Young Olympians	Invaders Dance Gym Sequences Striking and Fielding Nimble Nets Young Olympians
Fitness Units	Boot Camp Mighty Movers Skip to the Beat Gymfit Circuits Cool Core Fitness Frenzy	Boot Camp Mighty Movers Skip to the Beat Gymfit Circuits Cool Core Fitness Frenzy	Swimming Swimming Step to the Beat Gymfit Circuits Swimming Swimming	Swimming Swimming Step to the Beat Gymfit Circuits Swimming Swimming	Boot Camp Boxercise Step to the Beat Gymfit Circuits Pilates Fitness Frenzy	Boot Camp Boxercise Step to the Beat Gymfit Circuits Pilates Fitness Frenzy

Please note that Physical Education provision for our pre-school and reception pupils is achieved through the Physical Development stand of the EYFS Framework.