

## **Brompton-on-Swale CE Primary School – Physical Education Scheme of Learning**

*Please refer to the Rising Stars Sports Champions scheme for further details regarding the content of units for KS1 and KS2. EYFS units of work are taken from the Complete PE resource.*

	EYFS Half Term Unit Headings	Year 1 / Year 2 Half Term Unit Headings		Year 3 / Year 4 Half Term Unit Headings		Year 5 / Year 6 Half Term Unit Headings	
Sports Units	Locomotion (Walking) Dance Gymnastics Ball Skills (Hands 1) Locomotion (Jumping) Attack V Defence (Games for Understanding)	Multi Skills Dance Gymnastics Brilliant Ball Skills Throwing and Catching Active Athletics	Multi Skills Dance Gymnastics Brilliant Ball Skills Throwing and Catching Active Athletics	Multi Skills Dance Gymnastics Brilliant Ball Skills Throwing and Catching Active Athletics	Invaders Dance Gym Sequences Striking and Fielding Nimble Nets Young Olympians	Invaders Dance Gym Sequences Striking and Fielding Nimble Nets Young Olympians	Invaders Dance Gym Sequences Striking and Fielding Nimble Nets Young Olympians
Fitness Units	N/A	Boot Camp Mighty Movers Skip to the Beat Gymfit Circuits Cool Core Fitness Frenzy	Boot Camp Mighty Movers Skip to the Beat Gymfit Circuits Cool Core Fitness Frenzy	Swimming Swimming Step to the Beat Gymfit Circuits Swimming Swimming	Swimming Swimming Step to the Beat Gymfit Circuits Swimming Swimming	Boot Camp Boxercise Step to the Beat Gymfit Circuits Pilates Fitness Frenzy	Boot Camp Boxercise Step to the Beat Gymfit Circuits Pilates Fitness Frenzy